

## Texas Girls Coaches Association

### 2020 Summer Clinic

Arlington, Texas

Convention Center - 1200 Ballpark Way Sheraton Arlington - 1500 Convention Center Drive

\*CCP Courses Must Have Badges Scanned

Time	Event	No.	Site
<b>Monday, July 6</b>			
1:00	<b>TGCA Board of Directors Meeting &amp; Brunch Registration</b>	#1	Globe Life Field 734 Stadium Dr. Convention Center Room E-2
2:00 - 5:00			
<b>Tuesday, July 7</b>			
7:00 - 12:00	<b>Exhibitors Set Up</b> <i>(Exhibitors only allowed in Exhibit Hall)</i>		Convention Center Exhibit Hall Convention Center Room E-2
8:00 - 4:00	<b>Registration</b>		
8:30 - 9:30	<b>*CCP - UIL Sports Update</b> <i>Soccer, Wrestling, Tennis, Team Tennis, Swimming &amp; Diving, Golf - UIL Staff</i>	#2	Convention Center Salon BC
9:00 - 11:00	NIAAA Testing		Sheraton Arlington World Series Room
9:30 - 10:30	<b>*CCP - UIL Elective</b> <i>(Strength &amp; Conditioning) Justin Cranfill - Amarillo River Road High School</i>	#3	Convention Center Salon BC
10:45 - 11:45	<b>*CCP - UIL Elective</b> <i>(Ethics) Dr. James Peterson - Coaches Choice</i>	#4	Convention Center Salon BC
12:00 - 1:00	<b>*CCP - Safety</b> <i>Sarah Gill - Texas Health</i>	#5	Convention Center Salon BC
12:00 - 4:00	<b>Exhibit Hall Open to the Public</b>		Convention Center Exhibit Hall
12:00 - 4:00	<b>Job Placement Services Center</b>		Convention Center Exhibit Hall
12:15 - 1:15	<b>Spirit Committee Meeting</b>	#6	Sheraton Arlington Hall of Fame Room
1:30 - 2:30	Basketball Lecture <i>Steve Gomez - Lubbock Christian University "Blocker Mover Continuity Man Offense"</i>	#7	Sheraton Arlington Champions Ballroom
	Softball Lecture <i>Wade Wilson - Texas Lutheran University "Road to a National Title"</i>	#8	Convention Center Room E-3/4

Time	Event	No.	Site
<b>Tuesday, July 7</b>			
1:30 - 2:30	Volleyball Lecture <i>Tony Graystone - Texas Tech University</i> <i>"Training Defense and Defensive Systems"</i>	#9	Convention Center Salon BC
	Track/Cross Country Lecture <i>Derek Riedel - Incarnate Word University</i> <i>"Middle Distance Excellence: How To Train A Developing Distance Runner for Success In The 800-3200"</i>	#10	Convention Center Salon A
1:30 - 2:15	Cheer Lecture <i>Bill Patterson - Varsity Spirit</i> <i>"Motions, Motions, and Props (clap, clap, clap!)"</i>	#11	Sheraton Arlington Hall of Fame Room
2:15 - 3:00	Cheer Lecture <i>Stefanie Irick - Varsity Spirit</i> <i>"Mental and Social Wellness"</i>	#12	Sheraton Arlington Hall of Fame Room
2:45 - 3:45	Basketball Lecture <i>Steve Gomez - Lubbock Christian University</i> <i>"1-2-2 and 2-3 Zone Defense (The Positives And Negatives)"</i>	#13	Sheraton Arlington Champions Ballroom
	Softball Lecture <i>Wade Wilson - Texas Lutheran University</i> <i>"Q &amp; A with Wade Wilson/Billy Hicks"</i>	#14	Convention Center Room E-3/4
	Volleyball Lecture <i>Tony Graystone - Texas Tech University</i> <i>"Training Side Out Offense"</i>	#15	Convention Center Salon BC
	Track/Cross Country Lecture <i>Derek Riedel - Incarnate Word University</i> <i>"Strength Training Development For The Middle And Long Distance Runner - A Year-Long Program To Full And Long-Term Development"</i>	#16	Convention Center Salon A
3:00 - 3:45	<b>NFHS/USA Cheer Safety Rule Updates/Changes</b> <i>Jim Lord - Varsity Spirit</i>	#17	Sheraton Arlington Hall of Fame Room
4:00 - 4:30	<b>*CCP - UIL Spirit State Championships Updates</b> <i>UIL Staff/Jamie Graham - Varsity Spirit</i>	#18	Sheraton Arlington Hall of Fame Room
4:00 - 5:00	Basketball Lecture <i>Teresa Durham - Allen High School</i> <i>"Offensive Quick Hitters And Sets"</i>	#19	Sheraton Arlington Champions Ballroom
	Softball Lecture <i>Wade Womack - Dripping Springs High School</i> <i>"Tiger Softball Drills and Philosophies to Maximize Your Program"</i>	#20	Convention Center Room E-3/4

Time	Event	No.	Site
<b>Tuesday, July 7</b>			
4:00 - 5:00	Volleyball Lecture <i>Erin Kauffman - Prosper High School</i> <i>"Organizing Offseason to Maximize Talent With Minimal Space"</i>	#21	Convention Center Salon BC
	Track/Cross Country Lecture <i>LaKeidra Stewart - Duncanville High School</i> <i>"Being a Female Coach in 6A Boys Track &amp; Field"</i>	#22	Convention Center Salon A
4:30 - 5:15	Cheer Lecture <i>Stan Tabor - Varsity Spirit</i> <i>"Cheer Specific Conditioning"</i>	#23	Sheraton Arlington Hall of Fame Room
5:30 - 6:15	Cheer Lecture <i>Shiloh Minier - Varsity Spirit - Panel Discussion</i> <i>Matt Escue - San Angelo Central High School</i> <i>Nikki Duggan - Buda Hays High School</i> <i>Ashley Johnson - Alamo Heights High School</i> <i>Shannon Wylie - San Antonio Johnson High School</i>	#24	Sheraton Arlington Hall of Fame Room
6:15 - 7:00	Cheer Lecture <i>Matt Escue - San Angelo Central High School</i> <i>"TGCA Spirit Committee Updates and Announcements/Dismissal"</i>	#25	Sheraton Arlington Hall of Fame Room
7:00	<b>Welcome Social</b>		BoomerJack's 522 Lincoln Square
<b>Wednesday, July 8</b>			
7:00 - 4:00	<b>Exhibit Hall Open to the Public</b>		Convention Center Exhibit Hall
8:00 - 4:00	<b>Registration</b>		Convention Center Room E-2
8:00 - 4:00	<b>Job Placement Services Center</b>		Convention Center Exhibit Hall
8:30 - 9:30	<b>*CCP - UIL Track &amp; CC Update</b> <i>UIL Staff</i>	#26	Convention Center Salon A
	Basketball Lecture <i>Tyler Helms - Idalou High School</i> <i>"Idalou Lady Cat Basketball"</i>	#27	Convention Center Salon B
	Softball Lecture <i>Douglas Harrigan - Florence High School</i> <i>"Buffalo Bunting &amp; Base Running, Drills for the Development of the Short Game &amp; Aggressive Base Running"</i>	#28	Convention Center Room E-3/4

Time	Event	No.	Site
<b>Wednesday, July 8</b>			
8:30 - 9:30	Volleyball Lecture <i>U'liani Womble - Frisco Wakeland High School</i> <i>"Things I've Learned From Coaches"</i>	#29	Sheraton Arlington Champions Ballroom
	Special Lecture <i>Tom Rogers - Financial &amp; Insurance Associates</i> <i>"TRS/Retire at 62% or 100% Salary?"</i>	#30	Convention Center Salon C
	Soccer Lecture <i>Rebecca Christ - McKinney High School</i> <i>"Creating Success In The First Year"</i>	#31	Sheraton Arlington World Series Room
9:45 - 11:00	<b>Regional Meetings</b>	#32	
	Region I		Sheraton - Hall of Fame
	Region II		Sheraton - Champions S
	Region III		CC - Salon C South
	Region IV		CC - Salon B North
	Region V		CC - Room E-3/4
	Region VI		CC - Salon B South
	Region VII		CC - Salon C North
	Region VIII		Sheraton - Champions N
11:00 - 12:00	Basketball Sub-Varsity Lecture <i>Larry Tidwell - Retired</i> <i>"Old School: Transition &amp; Drills"</i>	#33	Convention Center Salon B
	Softball Sub-Varsity Lecture <i>Justin Kniffen - Tyler Lee High School</i> <i>"Working the Counts: Give Me An 0-2, 1-2</i> <i>Count Any Day"</i>	#34	Convention Center Room E-3/4
	<b>*CCP - UIL Volleyball Update</b>	#35	Sheraton Arlington Champions Ballroom
	<i>UIL Staff</i>		
	Track/Cross Country Sub-Varsity Lecture <i>David Jeffrey - Big Spring High School</i> <i>"Turning Athletes Into High Jumpers"</i>	#36	Convention Center Salon A
	Tennis Lecture <i>Mark Dotson - Lubbock High School</i> <i>"Steps To Building A Program"</i>	#37	Sheraton Arlington World Series
	<b>*CCP - Concussion</b>	#38	Convention Center Salon C
	<i>Dr. Damond Blueitt - Texas Health</i>		
12:15 - 1:15	Fellowship of Christian Athletes	#39	Convention Center Room E-3/4
	<b>*CCP - UIL Basketball Update</b>	#40	Convention Center Salon B
	<i>UIL Staff</i>		
	Softball Lecture <i>Rodney DeLong - University of North Texas</i> <i>"Hearts and Minds: The Power of Culture"</i>	#41	Convention Center Salon C

Time	Event	No.	Site
<b>Wednesday, July 8</b>			
12:15 - 1:15	Volleyball Lecture <i>(Sponsored by Baden)</i> Genny Volpe - Rice University <i>"Developing Team Culture &amp; Leadership"</i>	#42	Sheraton Arlington Champions Ballroom
	Track/Cross Country Lecture Jerrod Cook - Abilene Christian University <i>"Discus Technique"</i>	#43	Convention Center Salon A
	Tennis Lecture Justin Quest - Allen High School <i>"Large Group Drills, Live Ball Coach Fed Creating Junior Development Programs"</i>	#44	Sheraton Arlington World Series
1:30 - 2:30	Basketball Lecture Kendra Hassell - Hardin Simmons University <i>"Cowgirl Basketball/Helping Your Players Find the Right College Fit"</i>	#45	Convention Center Salon B
	Softball Lecture Rodney DeLong - University of North Texas <i>"Practice With Intent"</i>	#46	Convention Center Room E-3/4
	Volleyball Lecture <i>(Sponsored by Baden)</i> Genny Volpe - Rice University <i>"Creating Consistency: The Top Skills &amp; Drills You Should Do At Every Practice"</i>	#47	Sheraton Arlington Champions Ballroom
	Track/Cross Country Lecture Jerrod Cook - Abilene Christian University <i>"Throwing Drills &amp; Cues"</i>	#48	Convention Center Salon A
	Special Lecture Dr. Jim Peterson - Coaches Choice <i>"10 Myths, Misrepresentations &amp; Misunderstandings About Conditioning for Women's/Girls' Sports"</i>	#49	Convention Center Salon C
2:45 - 3:45	Basketball Lecture Kendra Hassell - Hardin Simmons University <i>"Competitive Drills/Shooting Drills"</i>	#50	Convention Center Salon B
	<b>*CCP - UIL Softball Update</b> UIL Staff	#51	Convention Center Room E-3/4
	Volleyball Sub-Varsity Lecture Ryan Mitchell - Lovejoy High School <i>"Lovejoy Volleyball"</i>	#52	Sheraton Arlington Champions Ballroom
	Track/Cross Country Lecture Carly Littlefield - Lovejoy High School	#53	Convention Center Salon A

Time	Event	No.	Site
<b>Wednesday, July 8</b>			
2:45 - 3:45	Soccer Lecture <i>Oscar Bersosa - Belton High School</i> <i>"Consider 2 Tweaks To Traditional Soccer Thinking"</i>	#54	Sheraton Arlington World Series
	<b>*CCP - Concussion</b>	#55	Convention Center Salon C
4:00 - 5:00	<i>Dr. Damond Blueitt - Texas Health</i> <b>TGCA General Business Meeting</b>	#56	Convention Center Salon C
<b>Thursday, July 9</b>			
8:00 - 10:00	<b>Registration</b>		Convention Center Foyer
8:00 - 9:00	<b>TGCA Committee Meetings</b> Volleyball Committee Basketball Committee Track Committee Softball Committee Sub-Varsity Committee	#57	Sheraton Arlington Super Bowl 2 Triple Crown World Series I World Series II Super Bowl 1
8:30 - 9:30	Basketball Lecture <i>Kyle Lovorn - Lubbock-Cooper High School</i> <i>"Saving YOUth Basketball - It Starts With YOU: Building A Foundation For Your Program"</i>	#58	Convention Center Salon BC
	Softball Lecture <i>Lee Kuyrkendall - Royse City High School</i> <i>"Defensive Fundamentals and Philosophy"</i>	#59	Convention Center Room E-3/4
	Volleyball Lecture <i>Cassie Headrick - Denton High School</i> <i>"Creating Timing And Rhythm On The Court Using Game-Like Progressions"</i>	#60	Sheraton Arlington Champions Ballroom
	Track/Cross Country Lecture <i>Trevor Taylor - Wagner High School</i> <i>"Beyond The Whistle: Coaching More Than Just The Athlete"</i>	#61	Convention Center Salon A
9:00 - 9:30	<b>TGCA Board of Directors Meeting</b>	#62	Sheraton Arlington Wimbledon Room
9:45 - 10:45	<b>*CCP - Steroids</b> <i>Sarah Gill - Texas Health</i>	#63	Convention Center Salon BC
11:00 - 12:00	<b>*CCP - Fundamentals of Coaching</b> <i>UIL/TGCA Panel Discussion</i>	#64	Convention Center Salon BC
12:15 - 1:15	<b>*CCP - UIL Elective</b> <i>On-Line PAPF - Dr. Mark Cousins - UIL</i>	#65	Convention Center Salon BC